

Blade Runner cleared to race in Britain



Suspect: Oscar Pistorius is accused of Reeva Steenkamp's murder

OSCAR Pistorius is free to compete in Britain this summer after a judge relaxed his bail terms to allow him to make money.

Lawyers for the 'Blade Runner' successfully argued that he should be allowed to travel abroad and 'earn income' while awaiting trial.

The controversial decision clears the way for him to take part in London's showpiece athletics event at the Olympic Stadium.

Pistorius, 26, is charged with the murder of his girlfriend Reeva Steenkamp, who was shot after she

By David Williams
Chief Reporter

locked herself in his bathroom in the early hours of Valentine's Day. He claims he mistook her for an intruder.

The Olympic and Paralympic athlete was not present as Judge Bert Bam told North Gauteng High Court in South Africa that bail restrictions should be eased to allow Pistorius to travel abroad to compete at international athletics meetings, provided he handed over an itinerary at least a

week before his departure. Miss Steenkamp's family did not comment on the decision, which came despite strong objections from prosecutors.

It is certain to prove controversial as it potentially paves the way for Pistorius, one of the world's most successful athletes, to earn vast sums of money while he is awaiting trial.

Although charged with murder, Pistorius has not been convicted of any crime and would be allowed to enter Britain by the Home Office.

Oscar free to take on the world - Back Page

Why Friday night is just SO exciting in Pippa Land...

By Sean Poulter
Consumer Affairs Editor

MANY of us are so worn out by Friday night that we can just about summon the energy to order a takeaway and uncork a bottle of wine.

Not in the world of Pippa Middleton. From Friday lunchtime she gets a 'contagious pre-weekend excitement'.

In her debut column for Waitrose magazine, which yesterday attracted plenty of raised eyebrows, she says Friday is the 'perfect time to cook' for friends.

This, the 29-year-old revealed, is because it's that much further away from 'pre-Monday melancholy' than Saturday.

Her remarks came as she presented

'Contagious excitement'

five pages of tips on food and partying - on this occasion with a 'modern Asian' theme.

Wearing a purple dress with an oriental floral motif, Miss Middleton, who has recently enjoyed holidays on the beaches of Mustique and skiing in Switzerland, is pictured offering drinks, tending flowers and grating fresh coconut over a dessert.

She even reveals how she used to make sushi with her chums at Edinburgh University before sitting down to watch the rugby.

'Regardless of how tired I might be, the moment Friday lunchtime arrives I get that contagious pre-weekend excitement,' she tells readers.

If the Duchess of Cambridge's sister was hoping to prompt debate with her comments about Fridays, she certainly succeeded. As details from her Friday Night Feasts column found their way on to the internet, there was no shortage of critical comment. Typical was

... AND MORE PEARLS OF WISDOM

ON FRIDAYS: Fridays, of course, hold the promise of the weekend but also, being far enough from pre-Monday melancholy, feel free. All of which is why Friday, rather than Saturday, is the night to feast.

ON MODERN ASIAN PRESENTATION: Paper lanterns, fairy lights and floating candles can set the mood. Serve jellies in mismatched vintage teacups.

Soften angular Asian-style tableware with bursts of bright flowers: think cherry blossoms, roses, orchids, anemones.

ON VIETNAMESE SPRING ROLLS (AND PLUGGING HER EMPLOYER): The recipe uses a specialist kit you can find at Waitrose...The rolls are surprisingly satisfying, wonderfully fragrant and look great.

ON SUSHI: The first time I made sushi was at Edinburgh University. I convinced my flatmates to help, promising we'd prepare it in front of the rugby on TV that afternoon.

Sam in London, who wrote: 'This may come as a surprise to Pip but as a working mother, I do not get home on Fridays until close to 6pm.'

'After walking and feeding dogs and children how the heck am I supposed to prepare a "Feast" in time for famished guests to arrive?'

Sophie in Wiltshire added: 'If an exhausted parent has friends to the house on a Friday evening, they simply don't wish to faff about rolling bits and bobs to make nibbles.'

Waitrose's decision to hire Miss Middleton has already generated a fierce backlash because it came just weeks



ON HOISIN DUCK ROLLS: I know few people who would turn down one of these...Using duck breast mini fillets makes this treat effortless.

after the chain dropped Delia Smith, seen by many as the queen of cookery.

Judging by her first column, cooking seems to be on the back burner. Miss Middleton is seen assembling a number of finger food dishes, some from kits and others from scratch.

They include spring rolls using the Nem Viet Vietnamese spring roll kit from Waitrose at £2.69.

The editor of Waitrose Kitchen magazine, William Sitwell, has accused critics of Miss Middleton's column of jealousy. He insisted she was on a par with famous names such as Yotam Ottolenghi, who has a Channel 4 series.

Man aged 82 arrested in Savile investigation

AN 82-year-old man has been arrested on suspicion of sexual offences as part of the Jimmy Savile investigation.

The pensioner is one of 11 people arrested so far under Operation Yewtree - the Met's investigation into alleged offending by the former disc jockey and others.

A Scotland Yard spokesman said last night that the man, who has not been named, was interviewed under caution on November 29 last year, five days after a search warrant was executed at an address in Berkshire. He

By Stephen Wright

has been given police bail until May. Earlier this week the Mail revealed that as few as three of the men arrested by Scotland Yard over suspected sex offences in the Savile case are likely to be charged.

Details of the small number of Yewtree prosecutions emerged a day after a former BBC producer was released without charge following his arrest over an alleged sex assault in 1965. Wilfred De'ath, 75, who

spent four months on bail before being cleared, accused police of being 'over-zealous' because they had failed 'lamentably' to stop Savile's reign of terror while he was still alive.

Amid claims of a celebrity witch-hunt, there has been growing speculation that Freddie Starr could soon be told that he, too, will not be charged.

The 70-year-old entertainer was arrested in November over claims he attempted to grope a 14-year-old girl in Jimmy Savile's

BBC changing room in 1974. A woman called Karin Ward claimed Starr had had a 'very bad attack of wandering hands' with her nearly 40 year ago. He vehemently denied her claims.

Last month a Metropolitan Police report said Savile had abused adults and children across the country over more than five decades.

The NSPCC said Savile, who was 84 when he died, had been one of the most prolific sex offenders in its 129-year history.